



# The Fowler Flashes

So, Here is the fifth one to try. It is **Prayer Baskets**. Remember if you have any questions, just give me a call.

Peace,  
René

Volume 1  
Issue 5  
Lent Special

## Prayer Baskets

### How to Put Together a Prayer Basket

If you have a good sturdy basket in your home with a handle on it that can easily be moved with somewhat heavy objects inside it, then just use that, if possible. Otherwise, you might find just the perfect basket at your local Walmart, Target, or a craft store.

Once you have your prayer basket, you'll want to make a list of all the things you might use during your prayer and Bible study time.

You may want to add:

- Study bible – Any Bible you'd like, might try the Message for a different view.
- A journal for writing down how God's word speaks to you.
- A prayer and praise list/journal.
- Colorful markers or pencils.
- A light color highlighter for highlighting bible verses or messages that really jump out at you. · A print-out of the latest Bible verse I'm memorizing
- Any other Christian books I may be reading.
- Headphones and a music device with calm, relaxing instrumental music to help quiet your mind from all the chatter.

Next, gather the items on your list and fill up your prayer basket.

Now, find a place in your home that will be your designated prayer spot. There is no right or wrong way to spend time with God, just be sure you're doing it every day.



# Small Groups

The Thursday morning Wesleyan Study Group is planning to restart on Thursday, April 1, and that's no April Fool joke! We'll meet at 11:00 am in the Eva Withers Parlor (church library), and if people would like we can change the meeting time for future weeks. You are welcome even if you weren't involved before Covid-19 shut small groups down. There is no required reading, just come ready to discuss how things are going with your soul.

Bob Newell



## March Birthdays & Anniversaries

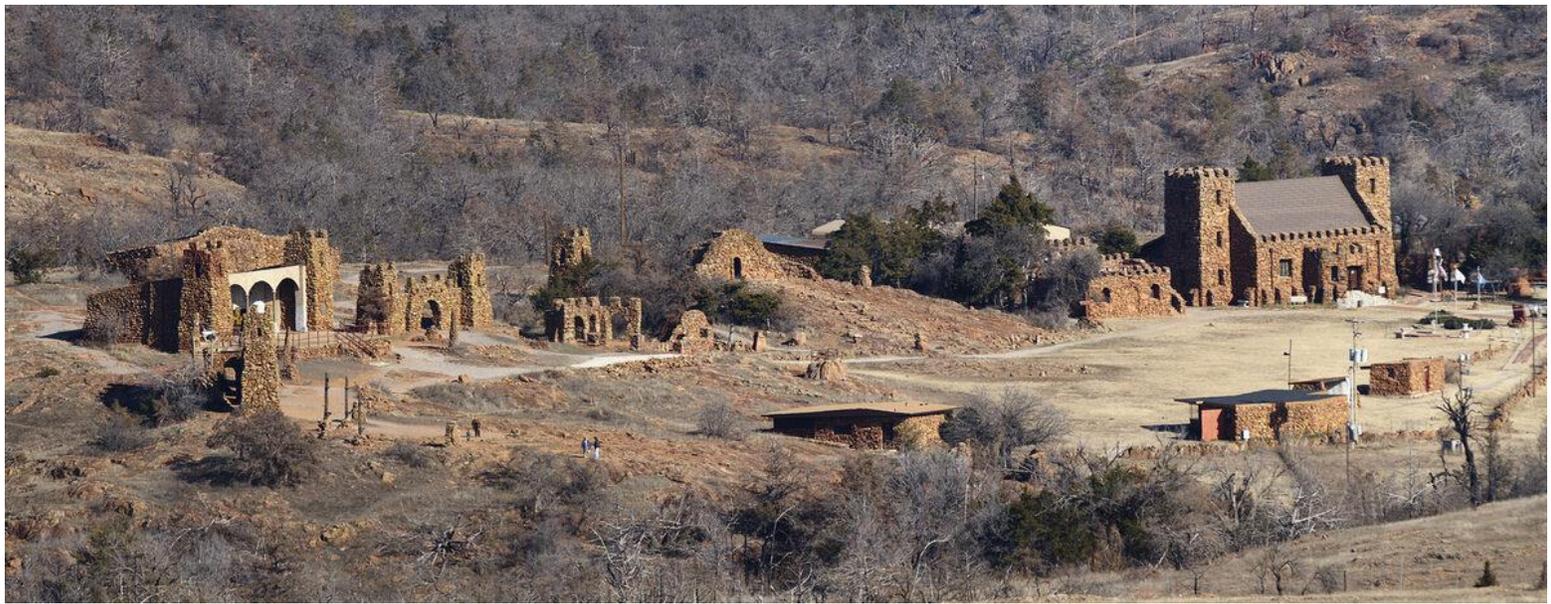
2nd - David Olsen  
Marc Walker  
4th - Karla Kirby  
9th - Bionkah Craven  
Vonnie Fergen  
14th - June Nelson  
Sindie Price  
15th - Barbara Ritchey  
19th - Cedric Huseby  
20th - Bob & Melanie Nilles  
21st - Etienne LeRoux  
22nd - Kim Berg  
23rd - Mary Russell  
27th - Lorraine Chase  
30th - Joan Schuman

Wishing our friends a "happy...",  
a "merry...",  
a "best wishes...",  
and a "blessings..."  
for their special day.

## April Birthdays & Anniversaries

2nd - Maureen Lickteig  
8th - Richard Mabbott  
11th - RJ Ewing  
14th - Laurie Newell  
15th - Louis Mwange  
Marceline Mwange  
18th - Mike & Sharon Payson  
20th - Noah Kennedy-Gibbens  
28th - Terrance Craven  
Helen Gummer  
29th - Elijah Kennedy-Gibbens

Wishing our friends a "happy...",  
a "merry...",  
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## The Holy City of the Wichitas

Every year in January/February the call would go out. We need adults and children for the 'Easter Sunrise Service'. From the age of 10 to 14, I was allowed to have a part in this Passion play. We would practice every weekend. We ran around the boulders and ducked through the gates and learned where we needed to be and when. I played a child listening to Jesus and then I would be a young adult waving palms or shaking my fist. All of these memories are still fresh in my memory. Though the best part was the ending of the service.

You see this was designed so that the ending of the Passion play would be at Sunrise. The last words from the narrator was, "and Suddenly the sky was filled with angels". That was when every player was dressed in a white gown, adorned with a halo, and wearing a pair of wings. We were all over the area, up on the buildings, and on the tomb of Jesus. It was such a sight to see. To this day I am touched by the whole thing.

The long-running passion play there in the Wichita hills began back in 1926 when

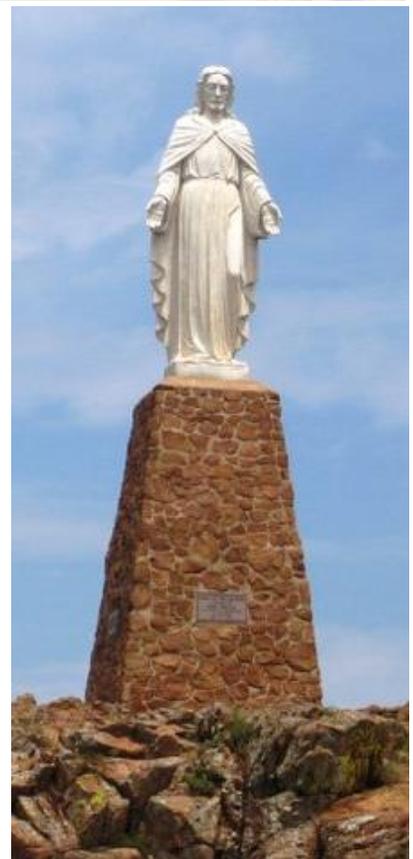
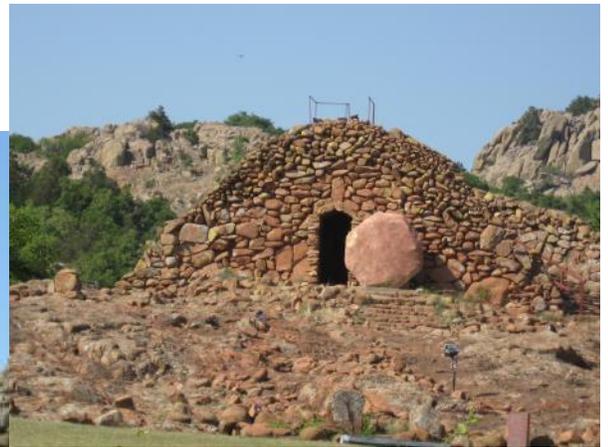


one Reverend Anthony Mark Wallock dragged his Sunday school class up into the hills to learn about Jesus. Presenting his class with a tableau of the Resurrection, little could Wallock have known that his presentation would be the start of a 90+ year tradition. The year after his first tableau, he opened up his annual presentation to the public, and it was an instant hit.

By 1930, the event was attracting upwards of 6,000 people, and growing larger each year.

Originally there was no permanent venue in the hills, but in 1934 the Works Progress Administration (WPA) began building the sets and buildings that are now known as the Holy City of the Wichitas. The replica holy land includes locations like Pilate's judgment hall, Herod's Court, the Garden of Gethsemane, the Lord's Supper building, and a number of towers and walls. The story that told each year covers Jesus' life from birth through his resurrection. Every year.

The play continues today bringing thousands of viewers to to the faux-ly land each year on Easter Sunday. The cast has grown from a handful to hundreds, and enthusiasm for the event doesn't seem to be waning. It is best known for its pageant, but the holy land itself can be visited year round.



# FRENCH'S GREEN BEAN CASSEROLE

## INGREDIENTS

6 Servings

1 can (10 1/2 ounces) Campbell's® Condensed Cream of Mushroom Soup

3/4 cup milk

1/8 teaspoon [McCormick® Ground Pepper Black](#)

2 cans (14 1/2 ounces each) any style [Del Monte® Green Beans](#), drained Substitutions available

1 1/3 cups [French's® Original Crispy Fried Onions](#), divided



## INSTRUCTIONS

Now that you have bought all your ingredients and set the kitchen counter to begin cooking, follow the green bean casserole recipe below for your tasty side dish. Preheat oven to 350°F. Mix cream of mushroom soup, milk and pepper in a 1 1/2-quart baking dish. Stir in green beans and 2/3 cup Crispy Fried Onions.

Bake 30 minutes or until hot. Stir.

Top with remaining 2/3 cup onions. Bake 5 minutes until onions are golden brown.

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## Tomato Cucumber Salad

2 Cucumbers, sliced

4 tomatoes, Sliced

3 Green onions, cut up

1/4 cup red wine vinegar

3/4 cup oil

Salt

Pepper

1t Dijon Mustard

Arrange cucumbers and tomatoes on a plate. I put a row of cucumber then a row of tomatoes and continue doing this until you have used all the cucumbers and tomatoes. Sprinkle with salt and pepper and green onions. Set aside.

Put the oil and vinegar in a container that has a lid. Add the mustard. Close the lid and shake well. Refrigerate both of these until ready to serve. When ready pull out of the fridge and shake up the vinegar and oil mixture till well combined. Pour over the cucumber/tomato mixture and serve.

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