



# The Fowler Flashes

Volume 65  
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December 2021

Hello my friends, it is my prayer that you are all well and having the opportunity to lean into this advent season with Joy and Hope. I know life is crazy...between Shopping and family and Covid and all the stresses that come with Christmas, one can lose once coolness, I know I do...more often than I would like to admit. However the scriptures tell us to carry on, even though times of tribulation...

## Psalm 138:7

Though I walk in the midst of trouble, you will revive me; you will stretch forth your hand against the wrath of my enemies, and your right hand will save me.

## Galatians 6:9

"And let us not grow weary of doing good, for in due season we will reap, if we do not give up."

It is my prayer that you may find that Joy and Peace the Angel sung about on that amazing night so long ago. We know God's promises do not expire, but just in case you need a little extra help, check out the tips below.

## How do you apply perseverance in your daily living?

Clarify your goal. Base it on your purpose, needs, and abilities. ...

Intend to achieve your goal. ...

Maintain optimism. ...

Live in the present. ...

Acknowledge your accomplishments. ...

Try new experiences. ...

Care for you mind, body, emotions, and spirit. ...

Experience yourself living your goal today.

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Peace my friends, and Merry Christmas to all, René

If you or your loved ones  
are in need of prayer,  
please contact the office  
to be added to the  
prayer list.



## December Birthdays

### Pray for

RJ

Our church and the church at large

Friends' sons foot pain

Good health visits

Smoother transition with new technology and  
coping with restrictions, new staff, etc. . .

Lorraine and family with Covid cases

Communion

Staying calm and carrying on - improvise, adapt and  
overcome

Vonnie needs prayers for strength and encourage  
ment dealing with health issues with family

For those who have difficulties during Holiday  
season

Family dealing with issues

Brother, Wayne may have had a stroke

### Health and Healing

Linda Stancil at Avalon rm 213 bed 2

Susanna, the child Peggy is mentoring, was injured  
by a car accident

### Thanksgiving

For a friend

For Erik Olsen and his assistance

For "ad-hoc" food truck

For Adult Sunday School starting this Sunday the 5th

For Dick and all that he does

### From Prayer Box

Show me the light I pray . . . Guidance and strength

1st - Pam Doyon

Othman Mohamad

3rd - Wayne Rau

8th - Larry Price

9th - Rick Lockert

12th - Jeni Sherman

Sally Schafhirt

13th - Enya LaFrance

14th - Alexa Knutson

18th - Carol Vrolson

19th - Robert Hammer

23rd - Ron & Carol Ring

24th - Sarah Briggs

28th - John & Bev Parrott

John & Dotie Godley

Christelle Mwange

29th - Janet Abernathy

30th - Mable Pangle &

Naber Habashy

31st - Bill Strobeck

Wishing our friends a "happy. . .",  
a "merry. . .",  
a "best wishes . . .",  
and a "blessings . . ."  
for their special day.

# December 2021

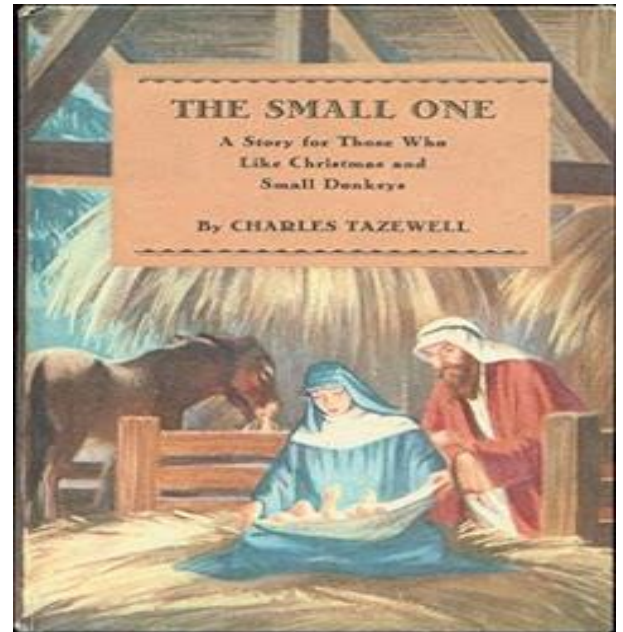
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 Noon UMW Men's Lunch at Golden Corral at noon	3	4
5 Worship at 10:30am Board Meet- ing	6	7 9:00 - Tops 10:00 - Prayer Group 1:00 - Koinonia Bible Study 2pn - Life's Lessons	8	9 Sewing Group @ 9	10	11
12 Worship Sunday at 10:30am	13	14 9:00 - Tops 10:00 - Prayer Group 1:00 - Koinonia Bible Study 2pn - Life's Lessons	15	16	17	18
19 Worship Sunday at 10:30am	20	21 9:00 - Tops 10:00 - Prayer Group 1:00 - Koinonia Bible Study 2pn - Life's Lessons	22 Flashes Articles Due	23	24 Christmas Eve	25 Christmas
26 Worship Sunday at 10:30am	27	28 9:00 - Tops 10:00 - Prayer Group 1:00 - Koinonia	29	30	31	

## Fowler United Methodist Women

### UNITED METHODIST WOMEN NEWS

December 2, Thursday at noon, the Fowler unit of United Methodist Women will meet in Corinthian Hall for a Christmas program. We will be joined by Bing Crosby via audiotape. He will tell us a story about "The Small One." He will even sing a song or two. One of the songs will be very familiar.

Bring your sack lunch, dessert and coffee will be provided. We will sign cards to deliver to the homebound members of our congregation.



UMW has a book about a lady named Henrietta Lacks. The book title is "The Immortal Life of Henrietta Lacks". She was born on August 1, 1920 as Loretta Pleasant.

Henrietta passed away October 4, 1951 at the age of 31. Her story begins with her going to the doctor because of a "knot" in her stomach, as Miss Lacks calls it.

If I remember correctly Henrietta was diagnosed with cervical cancer.

Her family remains in the news. There is a news article tucked in the book and notes on the latest news.

Read the book and find out how Henrietta became so famous in the medical field.

Joan Grater

UMW Reading Resources



Dear Fowler Family,

We are grateful and humbled in receiving the thoughtful gift card along with numerous "thanks" and personal thoughtful gestures. The greatest thanks comes from knowing that our church family can enjoy, give praise, and worship our God in an expanded capacity both in the sanctuary and beyond.

With heartfelt thanks and gratitude,  
Lance & Janet Abernathy

### Guy the Grocery Guy

Guy gets fresh produce and items from the grocery stores here in Spokane. He is now setting up on Fridays from 3-5 pm at the church. He parks his van on the side by the double doors on Walton. If you know of someone in need of food please let them know.

## Fowler United Methodist Church

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# Advent

*The Season of Hope and Expectation*



## ***Fowler Flashes***

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