



The Fowler Flashes

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Remember not the former things, nor consider the things of old. Behold, I am doing a new thing; now it springs forth, do you not perceive it? I will make a way in the wilderness and rivers in the desert. (Isaiah 43:18 & 19)

Our God is a God of new beginnings and likes doing new things; it is all over creation! Just take a look, the world never stands still, not even for a moment. Changes are everywhere and in fact, life is all about change. Just look at yourself our bodies are designed for changes, always producing new cells, new hair; we are always experiencing new days, years, and seasons. Fowler UMC is changing as well, always has and always will...right under our very own feet. As Christians should we not embrace those changes, even the hard ones, because isn't our Christian message all about change after all? Our good news is that we have a new life in Christ, with new opportunities. And one of His last promises in the Bible is Him making all things new.

(Rev. 21:5) 5 And he who was seated on the throne said, "Behold, I am making all things new." Also, he said, "Write this down, for these words are trustworthy and true."

Personally, the year 2020 has been one of the strangest and hardest years I can remember. I am so glad that I serve a God who likes changes...even if that means dealing with new challenges, overcoming new obstacles, and trying to let go of the old by embracing the new. People are often fearful of change, even I have to admit that often I panic at first when things unexpectedly change, especially if those changes involve my very own laid plans, just ask Jen. Just let me know about the change, walk away for a day, then let's talk...lol

Peter, John, and James, the rest of the disciples, and many others abandoned their former lives to follow Jesus by embracing the new thing God was doing, they helped build the church and changed many lives, including mine. Even Paul, after he encountered Jesus on the road to Damascus, accepted his new role as an apostle to the gentiles and let go of his old life as a Pharisee. God accomplished many things through Paul's, and his teachings make up half of the New Testament.

SO, whatever new things are before us, whatever challenges we will have to face, we are in this together, and let us remember...we are not alone...Lamentations 3:22-24

The steadfast love of the Lord never ceases; his mercies never come to an end; they are new every morning; great is your faithfulness. "The Lord is my portion," says my soul, "therefore I will hope in him."

Blessings my friends for a new year and new opportunities...peace René

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Caritas Outreach Ministries

The Spokane community is generous & kind, hurt & grieving, resourceful & rebounding, and unsure of the future. What we do know is that we are in this together, as one neighbor to another. We have fully incorporated the words of 1 Corinthians 12:26a "If one part suffers, every part suffers with it". The outpouring of donations to help Caritas meet growing need in 2020 was amazing to witness. When one neighbor suffered, another responded!

When Caritas was contacted by Northwest Harvest (NWH) to build more Little Free Pantries, we jumped at the chance! Here was a sponsor who saw a need in our community and addressed it directly. Access to food has been a major stumbling block in 2020. Supply chains have been disrupted by COVID19 shut downs and panic buying. Caritas has had to purchase more bulk goods this year than ever before to supplement the lack of food drives and regular donations. NWH saw this hurdle and built a bridge! By supplying funding, NWH and Caritas were able to coordinate with a local builder and several volunteers to craft six new pantries and plant them in Spokane neighborhoods. These satellite pantries are filled and maintained once a week by Caritas and added to by locals who share our mission to love our neighbors in need.

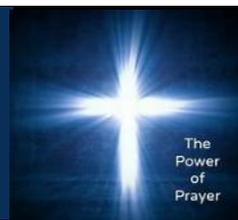
More Little Free Pantries are in the works for next year and we have seen others pop up in town or Little Free Libraries being converted to pantries. One Caritas Food Bank, made up of many pantry locations. One Spokane, made up of many hearts!

You can look up where Little Free Pantries are located in Spokane here:

<http://mapping.littlefreepantry.org/>

This was in the newsletter from Caritas and I wanted you all to see how God is working especially in this unusual time. Each month I will let you know what is needed for Caritas.

If you or your loved ones are in need of prayer, please contact the office to be added to the prayer list.



HEALTH/HEALING

RJ Ewing - Continued healing and Strength

Dick and Shirley Thompson - Continued healing for them both .

PRAYERS OF THANKSGIVING

Thanks for the Fowler Family who continue to pray and help those in need.

January

Birthdays & Anniversaries

1st - Jill Berg

Seenam Mohamad

Roujan Mohamad

Mayani Mugugombeia

Cory Sherman

Dick Thompson

2nd - Phyllis Dunlap

7th - Ellen Kelly

9th - Bud Griffiths

11th - Courtney Comstock

15th - Therese Niyirero

19th - Judy Fowler

20th - Jamml Mohamad

21st - Jason LaFrance

24th - Anna Koehler

25th - Melanie Nilles

Here are some verses from the Bible that will help you through this new year.

- **Isaiah 40:31** But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.
- **Philippians 3:13-14** Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, 14 I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.
- **Psalms 65:11** You crown the year with your bounty, and your carts overflow with abundance.
- **1 Peter 1:3** Praise be to the God and Father of our Lord Jesus Christ! In his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead.
- **Zephaniah 3:17** The Lord your God is with you, the Mighty Warrior who saves. He will take great delight in you; in his love he will no longer rebuke you, but will rejoice over you with singing.
- **James 1:17** Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows.
- **Philippians 4:19** And my God will meet all your needs according to the riches of his glory in Christ Jesus.
- **Psalms 1:1-3** Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers, but whose delight is in the law of the Lord, and who meditates on his law day and night.
- **2 Corinthians 9:8** And God is able to bless you abundantly, so that in all things at all times, having all that you need, you will abound in every good work.
- **Jeremiah 17:7** But blessed is the one who trusts in the Lord, whose confidence is in him.
- **Jeremiah 29:11** For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.

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“Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.”

Proverbs 3:5-6

*Happy
New Year*

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